

2023 (RELAYS) North Qld LC Championships - 4/03/2023 to 5/03/2023**Psych Sheet****Event 50 Women 8-14 200 LC Meter Medley Relay**

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:23.90
	1) Apps, Eden 13	2) Powell, Sienna 12	3) Gralow, Nevaeh 11
	4) Haase, Leni 12		
2	Mackay Swimming Academy (Msa)	B	2:48.59
	1) Renehan, Brianna 13	2) Darr, Paisley 12	3) Conlon-Wyllie, Ava 11
			4) Townley, Dakota 13

Event 52 Women 8-16 200 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:21.26
	1) Apps, Kiah 15	2) Apps, Eden 13	3) Bradford, Mia 16
			4) Parkes, Maggie 16

Event 53 Men 8-12 200 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:57.19
	1) Martin, Rex 8	2) Powell, Slater 9	3) Martin, Asha 10
			4) Renehan, Carter 11

Event 54 Women 8-12 200 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:31.40
	1) Conlon-Wyllie, Ava 11	2) Powell, Sienna 12	3) Gralow, Nevaeh 11
			4) Haase, Leni 12
2	Mackay Swimming Academy (Msa)	B	4:03.28
	1) Gralow, Charlize 8	2) Haase, Rio 10	3) Renehan, Bella 9
			4) Hume, Sienna 11

Event 56 Women 11 & Over 400 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	4:57.77
	1) Bradford, Mia 16	2) Apps, Eden 13	3) Apps, Kiah 15
			4) Parkes, Maggie 16

Event 109 Men 8-12 200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:34.65
	1) Renehan, Carter 11	2) Powell, Slater 9	3) Martin, Rex 8
			4) Martin, Asha 10

Event 110 Women 8-12 200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:08.75
	1) Powell, Sienna 12	2) Haase, Leni 12	3) Conlon-Wyllie, Ava 11
			4) Gralow, Nevaeh 11
2	Mackay Swimming Academy (Msa)	B	3:04.55
	1) Renehan, Bella 9	2) Haase, Rio 10	3) Gralow, Charlize 8
			4) Hume, Sienna 11

Event 112 Women 8-16 200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	1:58.58
	1) Apps, Kiah 15	2) Apps, Eden 13	3) Parkes, Maggie 16
			4) Bradford, Mia 16

Event 114 Women 8-14 200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:04.70
	1) Apps, Eden 13	2) Powell, Sienna 12	3) Haase, Leni 12
			4) Gralow, Nevaeh 11
2	Mackay Swimming Academy (Msa)	B	2:16.44
	1) Townley, Dakota 13	2) Conlon-Wyllie, Ava 11	3) Darr, Paisley 12
			4) Renehan, Brianna 13

Event 116 Women 11 & Over 400 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	4:20.21
	1) Apps, Kiah 15	2) Apps, Eden 13	3) Gralow, Nevaeh 11
			4) Bradford, Mia 16

Event 200 Mixed 8 & Over 200 LC Meter Medley Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	2:14.26
	1) Bradford, Mia W16	2) Renehan, Jack M15	3) Martin, Asha M10
			4) Apps, Kiah W15

Event 201 Mixed 8 & Over 200 LC Meter Freestyle Relay

	Team	Relay	Seed Time
1	Mackay Swimming Academy (Msa)	A	1:58.14
	1) Bradford, Mia W16	2) Apps, Kiah W15	3) Martin, Asha M10
			4) Renehan, Jack M15