



is immensely proud to host the

72nd Annual
North Queensland
Championships

CHAMPIONSHIP INFORMATION

Meet Programme will be emailed to Clubs & Coaches

Friday 1st, Saturday 2nd and Sunday 3rd March 2024

Aquatic & Recreation Centre, Mackay.

2024 North Queensland Championships

Event Information

Venue

Aquatic & Recreation Centre
Boundary Road, Ooralea Mackay

Entrants

The Meet is open to Swimming North Queensland and Far North Queensland registered athletes only, as per Swimming Queensland Regional Championship policy.

Age

Age group of athletes for the meet is the age as at the first day of competition (i.e. 1 March 2024).

The minimum age is 8 years for both Individual and Relay events.

Athletes are not permitted to 'swim up' in individual events.

Athletes are not permitted to 'swim up' in relay events.

Rules

Except for the special conditions listed herewith, the Championships are conducted under the Swimming Rules and the By-Laws of Swimming Australia Ltd (SAL) and by permission of Swimming Queensland (SQ). The competition will be always under the direction of the Technical Manager. Any protests are to be in writing accompanied by a \$100 fee lodged with the Race Referee within thirty (30) minutes of the completion of the respective event.

Photos

In nominating for these Championships, athletes agree they may be photographed by SNQ's approved photographer and that images may be used by Swimming NQ for its website, publications and or social media.

Opening Ceremony, March Pass & Competitor Group Photo

Saturday 8.40am

Entry Details

Entry Procedures

Individual Entries may only be submitted by the Online Meet Entries (OME) system. Log in via <https://swimcentral.swimming.org.au/>

Relay Events

Race Secretaries may enter teams via Swim Central by logging in and selecting your Entity Management.

Closing Date:

Individual Events **Wednesday 21 February 2024**

Relay Events **Friday 23 February 2024**

Late Entries

All entries submitted after closing date will incur a late entry fee. Late entries will be accepted up to thirty (30) minutes prior to start of competition and are subject to lane availability. Proof of entry qualifying time will be required and will be verified on Results Central.

Entry Fees

Individual Entries \$ 7.00 per event

Relay Entries \$25.00 per relay team

Venue Admission \$10.00 per athlete (via swim central)

Athlete Surcharge \$ 2.50 per athlete (via swim central)

Late Entry Fees

Individual Entries \$30.00 per event

Relay Entries \$50.00 per relay team



Entry Times & Qualifying Times

Entries for both individual and relay events **will not** be accepted without an entry time. Where qualifying times apply, entry times must meet the qualifying time.

All entry times must have been swum since 1 January 2023.

Qualifying Times are shown as 'Age A' or "As Written" and are applicable on the following events only:

100m Butterfly	Event No's: 103/104,107/108
200 Ind. Medley	Event No's: 73/74, 87/88, 119/120
200 Freestyle	Event No's: 93/94,115/116
200 Backstroke	Event No's: 55/56,117/118
200 Breaststroke	Event No's: 29/30,43/44
200 Butterfly	Event No's: 71/72,79/80
Distance (400, 800 & 1500)	Event No's: 21/22,51/52,77/78,101/102

Athletes must have swum a qualifying time for their age to enter in these events.

N.B. NO TIME (NT) WILL NOT BE ACCEPTED FOR ANY EVENT/ENTRY.

Racing Format and Medals

All 200m, 400m, 800m and 1500m, and the 8-12yrs 50m and 100m events will be conducted as timed finals.

All other events will be conducted as Heats and Finals.

For 50m events, Heats will be swum in combined age groups (13yrs & over), and 100m events, heats will be swum in combined age groups (13 yrs., 14yrs and 15yrs & over) with Finals swum in the following age groups: 13yrs, 14yrs, 15yrs, 16yrs, 17yrs & over.

Medals will be awarded as follows:

8–9yrs 50 metre events (No points) – **8-9 yrs are a Combined Age Group.** (includes first 3 SNQ athletes)

Medals will not be awarded if qualifying times have not been met.

Points are awarded to 8th place in the Timed Finals or Finals.

Relay Events – All relay events

Events	Age Groups								
50M Events	8-9 yrs.								
100m Events		9-10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs & O
200m Events		9-10yrs (9-10yrs IM & 10yrs Free only)	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs & O

Cash Awards will be awarded as follows:

Events	Age Groups							
50m	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17yrs & O

Events	Age Groups	
400m Events	11-14yrs	15yrs & over
800m Events	11-14yrs	15yrs & over
1500m Events	11 -14yrs	15yrs & over

- FNQ swimmers may receive medals or cash but not be recognised as official placegetters in NQ championship events.

Relay Events

Relay team entries are to be completed through Swim Central. Payment may be made in Swim Central using a debit/credit card, OR teams may be submitted as 'Pending' via Swim Central and an invoice will be issued.

All relays shall consist of 4 competitors in the appropriate gender.

Mixed Relays shall consist of 2 males and 2 females.

All other relay changes will close as a time posted in the program.

NQ Relay Changes -

Any alterations to originally - submitted relay teams with the addition of reserves must be submitted 1hr prior to commencement of session time.

Athletes with Impairment Events

There are no specific Multi Class Events. Multiclass swimmers may enter in their respective age group events and are required to provide proof of classification to the Technical Manager prior to the start of the meet.

Medals will be awarded for placings 1st 2nd & 3rd to Athletes with an Impairment who have provided proof of classification.

Entry to events with a qualifying time will need to be emailed to snqracesecretary@gmail.com for manual entry as the qualifying times will not apply, however the athlete must still have a time to enter.

Warm Up Times

Race Start Times

Friday – Relay Day	5.30-6pm	Friday – Relay Day	6.15 pm
Saturday – Session 2 and 3	7.15-8.15am	Saturday – Session 2 and 3	9.00 am
Saturday – Finals	4.00-4.45pm	Saturday – Finals	5.00pm
Sunday – Session 5 and 6	7.15-8.15am	Sunday – Session 5 and 6	8.30am
Sunday – Finals	1 hr after conclusion of Meet	Sunday – Finals	45 mins after start of warm up

Warm – up Procedures

Swimmers are required to be under the supervision of a coach or team manager during the warmup/ down period.

The competition pool may be used for warm up, until 15 minutes prior to racing commencing. The 25m pool will be in use for the duration of the meet. Competitors must comply with signage on pool deck regarding the use of the warmup and warm down lanes. Diving will not be permitted unless the signage indicates otherwise.

Entry List

The entry list will be provided to all competitors and made available on our [website](#). All competitors must check their entries thoroughly and if any discrepancies are noted they must be submitted using swim central by Midnight, Sunday 25 February.

Timekeeper Roster

A timekeeper roster will be confirmed and published on our [website](#) the Thursday prior to the Championships.

Timeline

The timeline for this meet will be published on our [website](#) on the Thursday prior to the Championships. The timeline is to be used as a guide only and actual start times of events may, vary depending on a variety of circumstances on the actual day of competition.

Online Program

An online program will be published on our [website](#) on Thursday 29 February. No printed programs will be available.

Marshalling Procedures

Relay Marshalling

Guided marshalling will be in place for Relays.

Heats & Finals Marshalling

Self-Marshalling will be in place for the Heats Sessions and Timed Finals, with guided marshalling in place for the Finals Sessions. Swimmers should ensure they're in the designated marshalling area when informed by the Announcer.

Swimmers competing in the first event of any session should ensure they're in the designated marshalling area at least 10 minutes prior to the start of a session.

Swimmers in 400m, 800m & 1500m events may be amalgamated on the day by the Technical Manager depending on the numbers of nominated swimmers.

N.B. - Attention Coaches and Team Managers – It is your responsibility to ensure that your Club swimmers are in the designated marshalling area when required. "Late Arrivals" will be taken to the Session Referee who will make the final decision if the swimmer/s in question competes.

Time Trials

Time Trials may be considered for those swimmers who are attending the Swimming Australia Age & Multi Class Championships, 6th -14th April 2024, and or the Swimming Australian Open Championships, 17th -20th April 2024, and require a qualifying time in the following distances – 50m, 100m and 200m. (Application Form attached for inclusion in the SNQ Championships Programme).

Major Awards

The following awards will be recognised from performances at this Championships. (All special trophies are open to SNQ Athletes/Teams only.)

Age Group Swimmers of the Meet	Para Swimmer of the Meet
SNQ Champion Club	Pat Wright Award
Jenny Logan Memorial	SNQ Grand Parade Award
Volunteer of the Year	Technical Official of the Year

Aggregate Awards (calculated from 100m and 200m events)

A male and female aggregate award will be recognised as follows: 9/10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs & over and Open Para

SNQ CHAMPION CLUB

Awarded to the NQ Club whose members gain the HIGHEST aggregate points in Individual Championship Events

PAT WRIGHT AWARD

SNQ CLUB RELAY AWARD

Awarded to the NQ Club, whose members gain the HIGHEST aggregate number of points in Relay Events

JENNY LOGAN MEMORIAL

SNQ CLUB AVERAGE POINTS AWARD

Awarded to the NQ Club, with the HIGHEST average points per nominated swimmer in the Individual Championship Events.

SNQ GRAND PARADE AWARD

To be awarded to the best presented NQ Team in the Grand Parade.

Winner to be judged by a panel of three consisting of 2 invited guests, plus President or Vice President.

Judge's decision will be final. No protest or correspondence will be entered into.

Other Competitor Guidance Notes

- Athletes are not permitted to 'swim up' an age.
- Heats are seeded fastest to slowest. Heats may be amalgamated or re-seeded at the discretion of the Technical Manager and Referee.
- Starts will be 'over the top'. Competitors will remain in their respective lanes until the next Heat is Started.
- Any competitor who qualifies in the top 12 placegetters for the Final of an event not wishing to compete in the Final must complete and submit a withdrawal form to the control room (either personally, or through his/her authorised representative) within 30 minutes of the posting of the results of the specific event.
- Any competitor who qualifies in the top 12 placegetters for the Final, following withdrawals is required for the Final (which includes reserves), and does not marshal for the event shall be fined the sum of \$50, except where there are medical reasons or proven hardship. The Technical Manager shall determine the acceptability on all matters where medical reasons or hardship are claimed, and his/her determination shall be final.
- Only two announcements will be made in relation to the composition of the final field and reserves: an initial announcement when the field is compiled and a second announcement at the expiration of the 30-minute period, as prescribed by the Rules.

Special Notes

Athletes will marshal using the 'Self Marshalling' Protocols.

All special trophies are open to SNQ Athletes/Teams only.

SNQ Clubs will be rostered for volunteer duties as well as their regular timekeeping duty.

SNQ Clubs will be advised of their volunteer duties after the close of entries.

2023 North Queensland Championships Club Relays Afternoon

Friday – SESSION 1						
EVENT NUMBER		AGE GROUP	DISTANCE & STROKE		QUALIFYING TIME	
MEN	WOMEN				MEN	WOMEN
1 (Mixed)		8 & over	4 x 50	Medley Relay (Mixed)	(mixed)	
2	3	8 - 14	4 x 50	Medley Relay	-	-
4	5	8 - 16	4 x 50	Medley Relay	-	-
6	7	8 - 12	4 x 50	Medley Relay	-	-
8	9	11 & over	4 x 100	Medley Relay	-	-
10 (Mixed)		8 & over	4 x 50	F/style Relay (Mixed)	(mixed)	
11	12	8 - 12	4 x 50	F/style Relay	-	-
13	14	8 - 16	4 x 50	F/style Relay	-	-
15	16	8 - 14	4 x 50	F/style Relay	-	-
17	18	11 & over	4 x 100	F/style Relay	-	-

SATURDAY – SESSION 2

EVENT NUMBER		AGE GROUP	DISTANCE & STROKE		QUALIFYING TIME	
MEN	WOMEN				MEN	WOMEN
19	20	8 - 9 yrs.	50	Freestyle	-	-
21	22	11 & over	800	Freestyle	Age A	Age A
23	24	10-12 yrs.	50	Butterfly		
25	26	13 & over	50	Butterfly		
27	28	9 - 10 yrs.	100	Freestyle	-	-
29	30	13 & over	200	Breaststroke	Age A	Age A
31	32	12	100	Freestyle	-	-
33	34	11	100	Freestyle	-	-
35	36	9 - 10 yrs.	100	Breaststroke	-	-
37	38	15 & over	100	Freestyle	-	-
39	40	13	100	Freestyle	-	-
41	42	14	100	Freestyle	-	-
43	44	11 – 12 yrs.	200	Breaststroke	Age A	Age A
45	46	8 - 9 yrs.	50	Butterfly	-	-
47	48	10-12 yrs.	50	Backstroke	-	-
49	50	13 & over	50	Backstroke		
51	52	11 & over	400	Medley	Age A	Age A

SATURDAY – SESSION 3

53	54	9 - 10 yrs.	100	Backstroke	-	-
55	56	13 & over	200	Backstroke	Age A	Age A
57	58	12	100	Backstroke	-	-
59	60	11	100	Backstroke	-	-
61	62	15 & over	100	Backstroke	-	-
63	64	13	100	Backstroke	-	-
65	66	14	100	Backstroke	-	-
67	68	10-12 yrs.	50	Breaststroke	-	-
69	70	13 & over	50	Breaststroke		
71	72	11 – 12 yrs.	200	Butterfly	Age A	Age A
73	74	15 & over	200	Medley	Age A	Age A
75	76	8 – 9 yrs.	50	Breaststroke	-	-

SATURDAY – SESSION 4 (Finals)						
25	26	Ages:13,14 and 15, 16 and 17 & O	50	Butterfly		
37	38	15, 16 and 17 & O	100	Freestyle		
39	40	13	100	Freestyle		
41	42	14	100	Freestyle		
49	50	Ages:13,14 and 15, 16 and 17 & O	50	Backstroke		
61	62	15, 16 and 17 & O	100	Backstroke		
63	64	13	100	Backstroke		
65	66	14	100	Backstroke		
69	70	Ages: 13,14 and 15 and over	50	Breaststroke		

SUNDAY – SESSION 5						
EVENT NUMBER		AGE GROUP	DISTANCE & STROKE		QUALIFYING TIME	
MEN	WOME				MEN	WOMEN
77	78	11 & over	1500	Freestyle	Age A	Age A
79	80	13 & over	200	Butterfly	Age A	Age A
81	82	12	100	Breaststroke	-	-
83	84	11	100	Breaststroke	-	-
85	86	15 & over	100	Breaststroke	-	-
87	88	9 – 12 yrs.	200	Medley	Age A	Age A
89	90	13	100	Breaststroke	-	-
91	92	14	100	Breaststroke	-	-
93	94	10 – 12 yrs.	200	Freestyle	Age A	Age A
95	96	8 - 9 yrs.	50	Backstroke	-	-
97	98	10-12 yrs.	50	Freestyle	-	-
99	100	13 & over	50	Freestyle		
SUNDAY – SESSION 5						
101	102	11 & over	400	Freestyle	Age A	Age A
103	104	9 - 10 yrs.	100	Butterfly	2:00.00	2:00.00
105	106	12	100	Butterfly	-	-
107	108	11	100	Butterfly	1:50.00	1:50.00
109	110	15 & over	100	Butterfly	-	-
111	112	13	100	Butterfly	-	-
113	114	14	100	Butterfly	-	-
115	116	13 & over	200	Freestyle	Age A	Age A
117	118	11 – 12 yrs.	200	Backstroke	Age A	Age A
119	120	13-14	200	Medley	Age A	Age A

SUNDAY – SESSION 6 (Finals)						
85	86	15, 16 and 17 & O	100	Breaststroke		
89	90	13	100	Breaststroke		
91	92	14	100	Breaststroke		
99	100	Ages:13,14 and 15, 16 and 17 & O	50	Freestyle		
109	110	15, 16 and 17 & O	100	Butterfly		
111	112	13	100	Butterfly		
113	114	14	100	Butterfly		

*Swimming North Queensland gratefully
acknowledge the generous assistance
from our Affiliated Clubs and their
members.*

For all enquiries contact: Melissa Wilson 04171769242 snracesecretary@gmail.com

